

# FIS MARJON HIIHDOT 22.-23.1.2022

LEPPÄVAARA SPORTS PARK

## RACE INFORMATION

Read the [Covid-19 INFO!](#)

### DISCIPLINES AND DISTANCES SATURDAY 22.01.2022 at 10:00.

Skiing style: skate technique

Men (FIS) sprint, Ladies (FIS) sprint

### DISCIPLINES AND DISTANCES SUNDAY 23.01.2022 at 11:00

Skiing style: classic technique

Men (FIS) 15 km, Men20 (FIS) 15 km, Men18 (FIS) 15 km mass start

Ladies (FIS) 10km, Ladies20 (FIS) 10 km, Ladies18 (FIS) 10 km mass start

### Location and parking

The competition center is in Leppävaara Sports Park, the address is Veräjätöpellonkatu 17.

The address of the sports area's parking area for the navigator is Vanhamaantie 13. Follow the signs for "Leppävaara Sports Park" from Turuntie (110). There is no time limitation at this car park. Few places there are reserved for trucks / buses.

There are also parking spaces along Veräjätöpellonkatu near the swimming hall (4-hour parking spaces, remember the parking disc). The address is Veräjätöpellonkatu 15. Access to these takes place via Lintuvaarantie. Places are four-hour places and parking is monitored. The swimming hall is closed, so there should be parking space.

[Map of the parking area](#) is on the race website. All areas are public parking areas and do not have parking guidance for the race.

**Car access to the stadium area is prohibited. Parking is also prohibited along Veräjätöpellonkatu, which leads to the stadium, in places other than marked places. Rescue routes must be kept open.**

### Start lists

Start lists will be published on the race website. Sprint heats start lists will be updated on the website and scoreboards.

## **Results**

The results are displayed primarily on the online results service and on the stadium's video board. The website link to the online tracking of results will be activated shortly before the start of the competition.

## **Bibs**

When retrieving bibs, avoid queuing and you should retrieve the bibs well in advance. The bibs distribution is shown on the map of the race center.

The competitor returns his number to the box in the finish area after the race.

## **Race tracks**

The tracks used in the race will be announced a few days before the race. The route maps are on the competition [website](#).

## **Time table**

Detailed time table will be published during the race week.

## **Starting order**

In the sprint qualification, the starting numbers are determined primarily by the FIS sprint points. The next group will be those with only FIS distance points. Next come the lottery ones with neither points. Last will be the post-registrants.

The starting numbers of the mass start competition are determined by the FIS distance points or by drawing lots if there are no points.

## **Skiing control**

On Sunday race there is classical technique control. Pole length may be controlled.

## **Warm up**

Warm up is allowed on the race tracks before the race. During the race it is forbidden to warm up on the race tracks.

## **Ski waxing**

Waxing is only available outside. There is no separate space for waxing.

## **Toilets**

There are four toilets in the stadium building.

**First aid**

**Race doctor Mari Pulkkinen (puh. 050 5416758) is in the finish area during the race.**

**If first aid is needed call this number.**

**Prizes**

On both days, prizes will be given to 3-6 best in series.

**Protests**

The protest period in the competition is 15 min from the announcement of the results of the series. The protest fee is 100 CHF (approx. 90 €). Payment will be refunded if the protest is accepted.

**Photo**

Photos taken by the organizer can be published on the club's website.

**Jury**

TD Paavo Vilminko, TDA Juha Hyvönen, TD sprint Antero Nikander, race director Matti Heikkilä, race secretary Kristiina Saarinen